

—Pope Francis  
Revisiting the most controversial  
and prescient encyclical  
of the modern age...

# Pope Paul VI On Human Life

*Humanae Vitae*

Foreword by Mary Eberstadt  
Affirmation of the  
Prescription of Contraceptives  
by Pope Paul VI

# UNPROTECTED

Workbook, Discussion Guide,  
and Resource Manual

© 2018 Donald J. Johnson



*"Basically the only warnings we were ever given for casual sex was make sure you are wearing protection, make sure you are on the pill, so you don't get pregnant. That's the only kinds of warnings I ever heard.*

*"And of course no one would ever suggest, because it is just assumed you were just going to participate in this culture, nobody would ever say, maybe just don't have sex. No-one would ever suggest that, so it's just, like, wear protection.*

*"The truth was, though, like afterwards, after all those years of participating in that culture, that protection didn't protect me from much. It didn't even make me feel protected at the time. I felt very vulnerable. I felt very hurt. I very very afraid of getting pregnant in spite of all the protection.*

*"It didn't protect me from the mental pain - it didn't protect me from the heartache."*

*"Alice Owens"*



# REVIEW QUESTIONS

## INTRODUCTION A FATHER LOOKS FOR ANSWERS

1. What evidence does the film director present to establish his claim that the culture is quite toxic for women?

---

---

---

## CHAPTER ONE WOMEN, SEX, AND THE SEARCH FOR SOMETHING MORE

2. What image of women was Betty Friedan reacting against in *The Feminine Mystique*?

---

---

---

3. What was “The Problem that Has No Name” and what solution did Friedan offer to fix it?

---

---

---

4. According to Helen Gurley Brown, what was the key to women's happiness? What media did she use to push this message?

---

---

---

5. What is "The Pregnancy Problem" as it relates to both Helen Gurley Brown and Betty Friedan? How did the pill bring them together to solve it?

---

---

---

---

6. In whose footsteps were Friedan and Brown following and how was she "a combination of both of them?"

---

---

---

7. For how long has the Catholic Church been essentially the lone voice against contraception? Historically, who are some of the other people and institutions that have opposed it?

---

---

---

8. What is the main point of Pope Paul VI's teaching in *Humanae Vitae*?

---

---

---

9. What was the overall reaction to *Humanae Vitae*?

---

---

---

**CHAPTER TWO  
CONSEQUENCES**

10. How did *Cosmopolitan* use propaganda to spread the Sexual Revolution?

---

---

---

11. How did the sexual revolution lead to an increase in women's stress?

---

---

---

---

12. How is contraception related to adultery?

---

---

---

---

13. What are some of the effects of divorce on children?

---

---

---

---

14. How is divorce bad for women?

---

---

---

15. What is the connection between contraception and abortion?

---

---

---

---



16. What does it mean to be a “Heartbroken Career Women” and how did the sexual revolution lead to so many women fitting into this category?

---

---

---

---

17. What are some characteristics of the campus hook-up culture?

---

---

---

---

18. What lies do programs like Sex and the City tell to their audience?

---

---

---

19. How are today’s fashions actually anti-woman?

---

---

---

---

20. What does Dr. Wiker mean when he says that today's men are like zombies?

---

---

---

---

21. How has the pill made women obsolete?

---

---

---

---

**CHAPTER THREE**  
**A REVOLUTION OF LOVE**

23. Why did Pope John Paul start his teaching with a focus on the beauty and dignity of the female body?

---

---

---

---

24. What is Pope John Paul II's definition of love, and how does that differ from the culture's definition?

---

---

---

---

25. How is it unloving and degrading to a woman to ask her to contracept?

---

---

---

---

26. How has the contraceptive mentality made children the enemy?

---

---

---

27. What is The Feminine Genius?

---

---

---

28. What does parenthood do for people?

---

---

---

---

29. What is the difference between NFP and contraception?

---

---

---

---

30. In what ways was "Alice" left unprotected by using contraception?

---

---

---

---



*“The sexual act has a meaning. One person is saying to someone else with their body, “I am willing to be a parent with you. I’ve chosen you out of all the people I was attracted to, and that’s usually a lot, but you are the one I want to be a parent with. I want my whole life bound up with you.”*

*That’s what children do. They make your life completely bound up with another person’s life. It’s not just that I find you attractive. It’s not just that I expect to enjoy great physical pleasure with you. It’s that I think you have what it takes, or can get what it takes, to be a parent. I think you are generous, kind, responsible, I think you will make a great father or mother. I love your eyes, your walk, I love the way you are in this world. I want to bring more little yous into this world. What a thing to say to another person!*

Professor Janet Smith



*“Look what contraception has done here. 50 years ago if a guy said to a girl, “I want to have sex with you,” she could rightly conclude, 50 years ago, this guy wants to marry me and father my children and build a life with me! What does it mean today? It means, ‘You’re hot and I want an orgasm from you.’*

*“Which one is more honoring of who and what a woman is and what a man is?”*

Christopher West



*"We've been sold the idea that in order to participate in the economy, you must follow the same path that the men have followed. So what we did was take the higher education system and the economy as given. And we've asked women to adapt their bodies to the economy and university life. And I say what we need to do is take women's bodies as given and have the economy and the university adapt to us."*

Dr. Jennifer Roback Morse



*"It's very strange, you sever sexuality from procreation, and what happened was you are having sexuality through any means for any end, and procreation by any means for any end.  
"What is more strange than people throwing away children at the same time as they are frantically trying to have them by any unnatural means?"*

Dr. Benjamin Wiker



# DISCUSSION QUESTIONS

## INTRODUCTION A FATHER LOOKS FOR ANSWERS



1. At the beginning of *Unprotected*, the filmmaker shares his experience as a father and paints a picture of the culture that is quiet toxic for women. He argues that women are sexually objectified, and that is almost impossible for young women to escape it. We also see several examples of women being harmed. What is your take on this? Does it match your experience? Could you resonate with any of the stories shared in the film?



**CHAPTER ONE**  
**WOMEN, SEX, AND THE SEARCH FOR SOMETHING MORE**



2. Do you think that Betty Friedan had a legitimate reason to be concerned about the message women were being sent by big media in the 1950s?

3. Did you know the story of Betty Friedan and Helen Gurley Brown? If not, what is your reaction to learning it now? Does it change the way you look at our current situation?

In what ways do you see the messages of Betty Freidan and Helen Gurley Brown still being preached today?

4. According to Don, the pill bought these women together because it solved “The Pregnancy Problem” they both faced and he argues in the film that the combination of powerful messages plus new technology unleashed the sexual revolution. Now, there have always been people trying to avoid having babies through contraception. And there have always been people telling us that the keys to happiness are sex, money, and

power. What do you think was unique, if anything, about the particular set of circumstances found in the early 60s that resulted in such a huge societal change?

5. Did you realize that there was such widespread rejection of contraception before 1930? If not, does that change your view of the topic at all?

6. What is your reaction to the fact that the Catholic Church is the only institution that has remained officially opposed to contraception, and that it has done so in the midst of such widespread societal acceptance of it?

7. Why do you think there was such a widespread rejection of the Church's teaching, even among Catholics?

8. How did you feel watching Sue Ellen Browder share her story of working at *Cosmopolitan*? What part of the story caused you to feel that way?

9. The film mentioned other ways that propaganda was and is used to sell the sexual revolution. (For example, *Sex and the City* paints a picture of women who are in control of their sex lives and getting what they want, which is a complete lie.) Have you noticed other examples of this in the culture?

10. Why do you think the reporters at the major networks were so confounded by the reports on women's happiness?

## CHAPTER TWO CONSEQUENCES



11. The film lists several consequences of contraception and the sexual revolution: **Stress, Divorce, Abortion, Heartbroken Career Women, Campus Hookup Culture, and Pornography.** How have you seen these play out in your own life or in the lives of those around you?

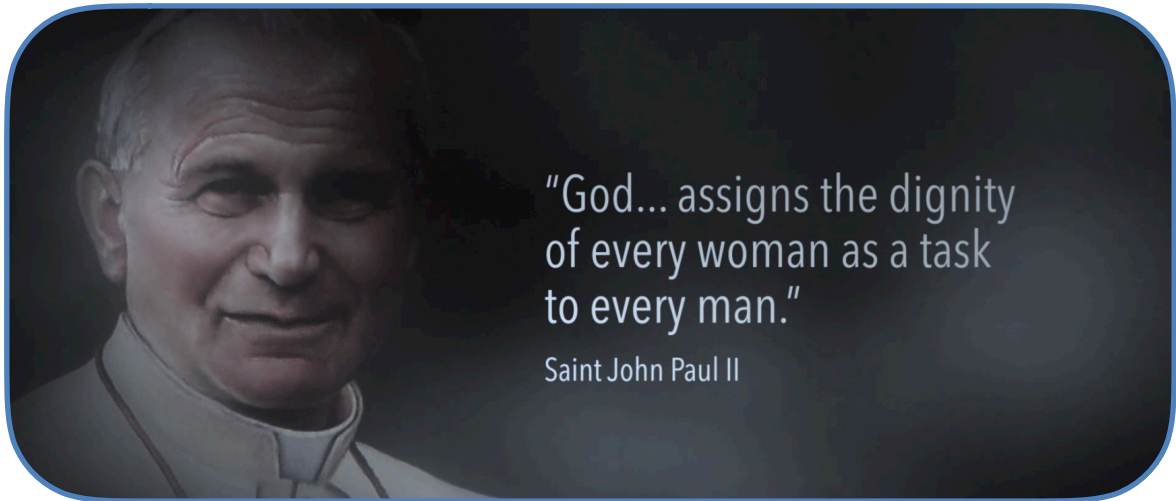
12. Are there any points made in the film regarding these consequences that jumped out at you? Why?

13. How did the film help you see the connection between contraception and these consequences more clearly?

14. How did the film help you see the connection between the various consequences themselves more clearly?



## CHAPTER THREE A REVOLUTION OF LOVE



15. What are some of the main points that struck you from the film's explanation of St. John Paul II's Theology of the Body?
16. According to the experts in the film, sex has a language, and they contrast the message of contracepted sex with that of sex that is open to life. What was your reaction to this section of the movie?
17. The film contrasts the prevailing cultural definition of love with St. John Paul II's definition of love. How important do you think this distinction is? What changes would result if everyone in our society understood love as JP II did?
18. Did the film change your perspective on the role of children in the culture? In what ways?
19. Did the film change your perspective on the role of parents in the culture? In what ways?

20. Do you agree that women have a particular genius? If so, in what ways have you seen that played out in your experience? Where have you seen it lacking?

21. How did the film help your understanding of the difference between NFP and contraception?

22. Has the film motivated you to take any action? If so, what?





*“If a woman, to claim equal dignity to a man, has to make herself more and more like a man to claim equality, isn’t she already buying into the fundamental lie that she’s not equal in dignity as a woman?”*

Christopher West

## THE CAST OF EXPERTS



**Professor Janet E. Smith** holds the Father Michael J. McGivney Chair of Life Ethics at Sacred Heart Major Seminary in Detroit. She is the author, editor or contributor to various works on Life Issues, Bioethics, *Humanae Vitae*, Same Sex Attraction, and Catholic Moral Theology. More than two million copies of her talk, *Contraception: Why Not* have been distributed.



**Damon Owens** is an international speaker and evangelist as well as the founder and executive director of joytob. He is former executive director of the Theology of the Body Institute in Philadelphia, and served as Chairman of the 2016 International Theology of the Body Congress.



**Christopher West** is a best-selling author, speaker, and world renowned expert in John Paul II's Theology of the Body. He is also founder of The Cor Project, whose mission is to equip men and women to learn, live, and share the beauty of the divine plan for human life, love, and sexuality in a new evangelization.



**Dr. Jennifer Roback Morse** is the founder of The Ruth Institute, a global non-profit organization focused on keeping the family together, protecting the rights of children and helping the millions of people who have been harmed by family breakdown. She is the author of several books, including *The Sexual Revolution and Its Victims*.



**Jason Evert** is the founder, with his wife Crystalina, of the Chastity Project. He has spoken to more than one million people about the virtue of chastity. He is a best-selling author of more than ten books, including *Theology of the Body for Teens*, and *How to Find Your Soulmate without Losing Your Soul*.



**Crystalina Evert** is the founder of Women Made New Ministries and the co-founder of Chastity Project. She is a best-selling author of the books *Pure Womanhood*, *How to Find Your Soulmate without Losing Your Soul*, and the curriculum YOU: Life, Love, and the Theology of the Body.



**Carrie Gress** has a doctorate in philosophy from the Catholic University of America and is a faculty member at Pontifex University. She is the author of *Nudging Conversions: A Practical Guide to Bringing Those You Love Back to the Church*, *Ultimate Makeover: The Transforming Power of Motherhood* and *The Marian Option: God's Solution to a Civilization in Crisis*.



**Dr. Benjamin Wiker** is a Senior Fellow at the Veritas Center for Ethics and Public Life, Franciscan University, and Director of Human Life Studies at Franciscan University in Steubenville, OH. He has published twelve books. He is also the writer and host of EWTN's *Saints vs Scoundrels*.



**Sue Ellen Browder** is the author of *Subverted: How I Helped the Sexual Revolution Hijack the Women's Movement*. Her work for *Cosmopolitan*, *Woman's Day*, and other magazines has given her a lifetime of experience with the women's movement as it unfolded in the media, both on the public stage and behind the scenes.



**Leila Miller** is the author of *Primal Loss: The Now-Adult Children of Divorce Speak*, *Raising Chaste Catholic Men*, and *Made This Way*.



**Jennifer Fulwiler** is a mother of six who, in her spare time, writes best selling books such as *Something Other Than God* and *One Beautiful Dream*. She also hosts *The Jennifer Fulwiler Show* on Sirius XM's The Catholic Channel.



**Patrick Coffin** is a conference speaker, writer, and all around media mogul. He is the host of *The Patrick Coffin Show* and the author of *The Contraception Deception*.



“**Alice Owens**” is the pen name of the anonymous author of *Good Catholic Girl: The Harm of the Hookup Culture and How One Woman Transcended It*. In honest, conversational prose, Alice describes her date-rape in college—and the campus culture that she argues precipitated it—revealing a fundamental cultural sickness, which has consequences especially dangerous for women.



**Mark Regnerus** is an associate professor of sociology at the University of Texas at Austin and a senior fellow at the Austin Institute for the Study of Family and Culture. He is the author of three books from Oxford University Press, including *Cheap Sex: The Transformation of Men, Marriage, and Monogamy*.



**Arleen Spenceley** is a journalist, speaker and the author of *Chastity Is for Lovers*. Arleen blogs at [arleenspenceley.com](http://arleenspenceley.com).



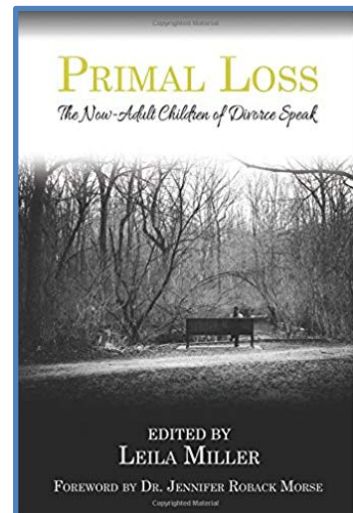
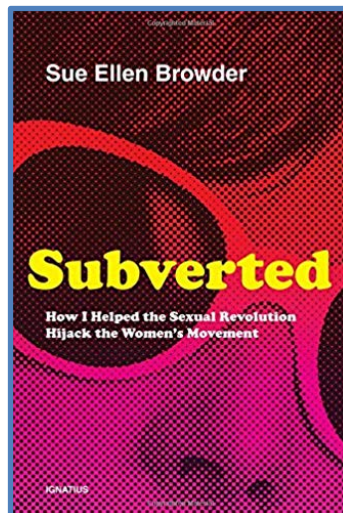
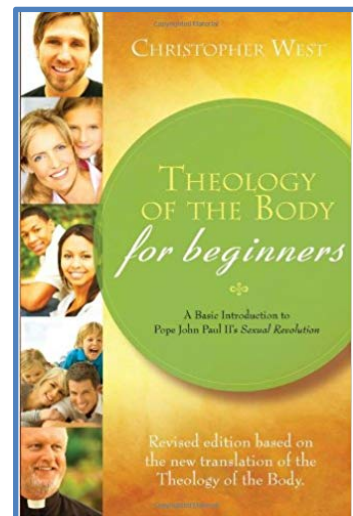
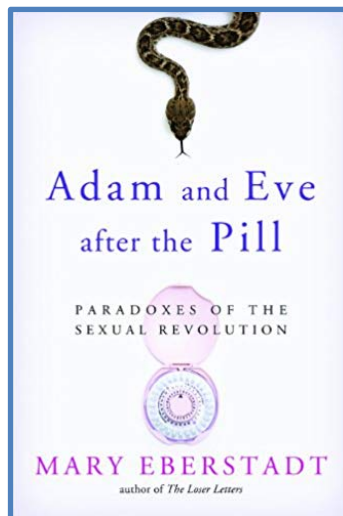
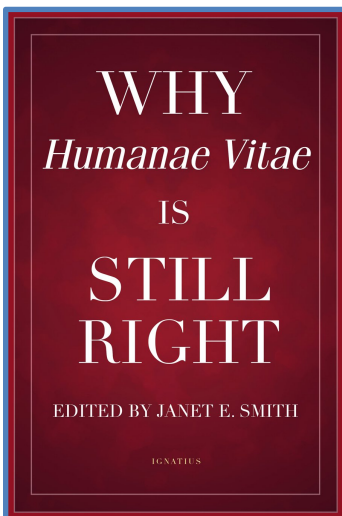
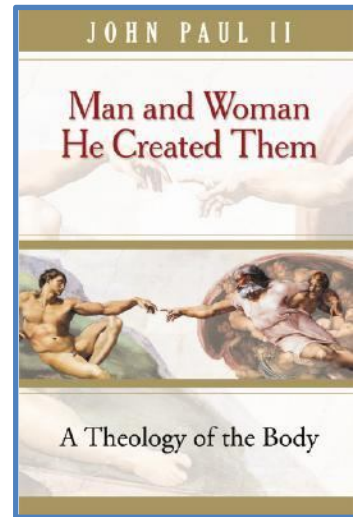
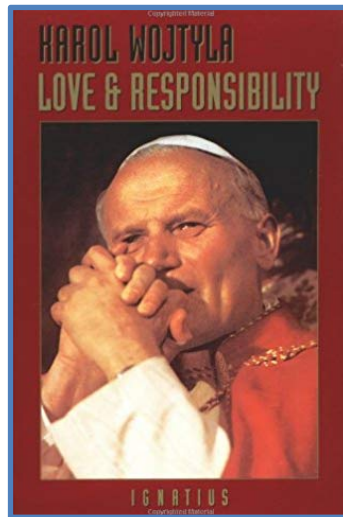
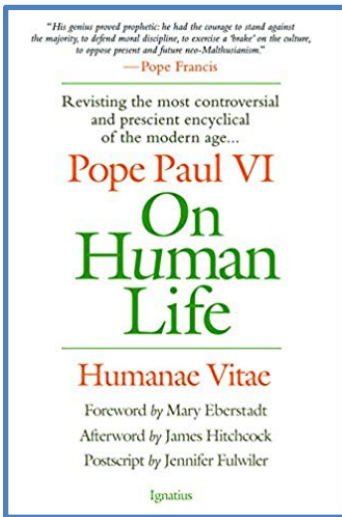
**Dr Donald Asci** is a professor of theology at Franciscan University of Steubenville and an expert in St. John Paul II’s Theology of the Body.



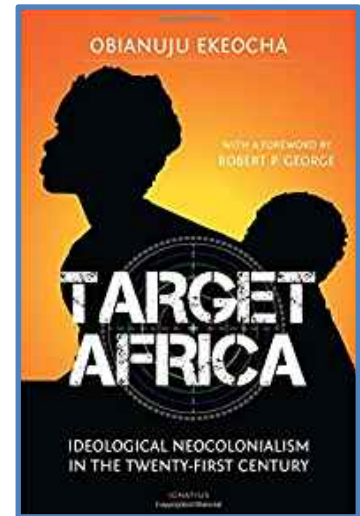
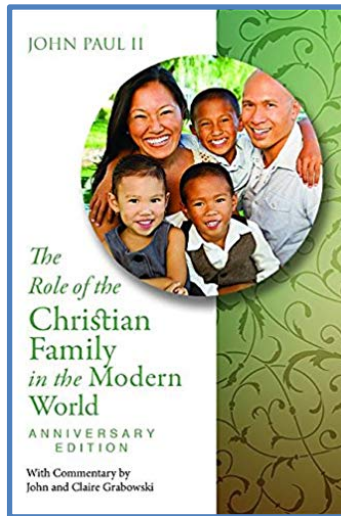
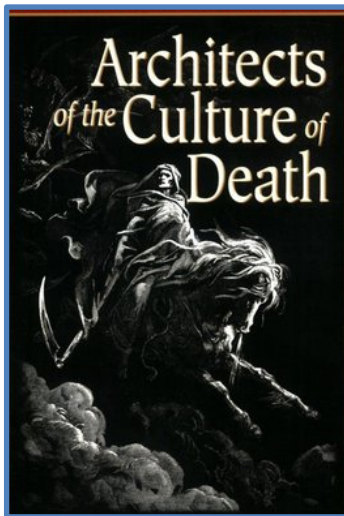
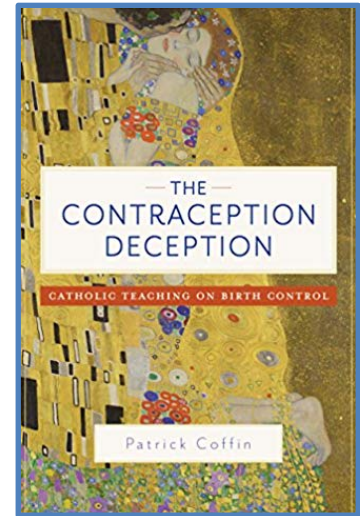
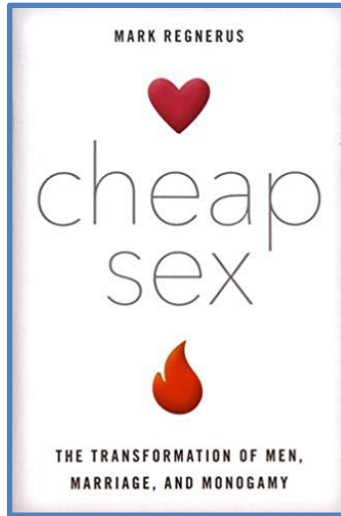
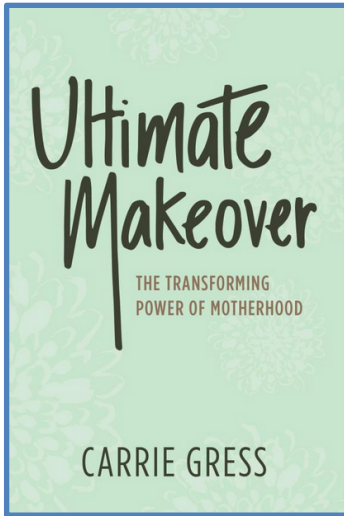
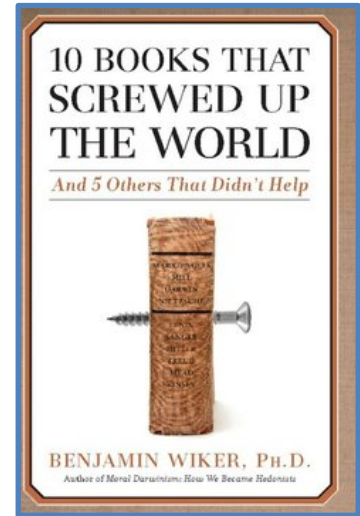
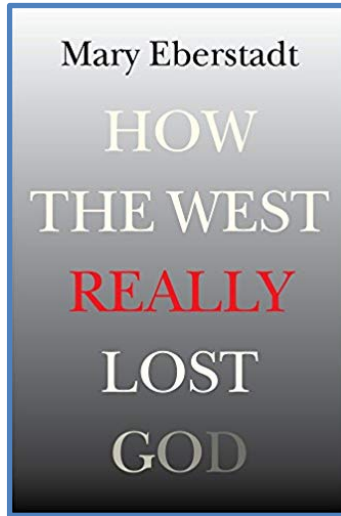
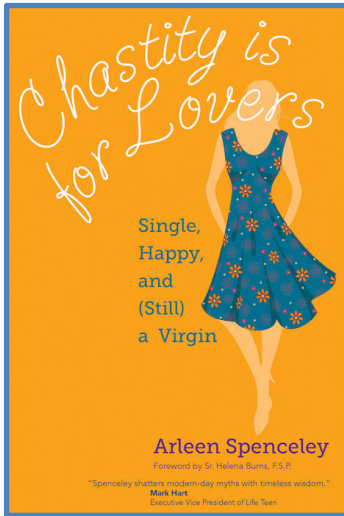
**Don Johnson** is a filmmaker, author, speaker and radio show host. He is also the founder of Don Johnson Evangelistic Ministries, Don Johnson Media, and Runaway Planet Pictures. He is the producer of *Unprotected* and *Convinced*, and the author of *How to Talk to a Skeptic*.



# RECOMMENDED READING







# ONLINE RESOURCES

## EXPERTS AND ORGANIZATIONS

Janet Smith - <http://www.janetesmith.org/>

joytob (Damon Owens) - <https://joytob.org>

The Cor Project (Christopher West) - <http://corproject.com/>

The Ruth Institute (Jennifer Roback Morse) - <http://www.ruthinstitute.org/>

Carrie Free - <http://www.carriegress.com>

Chastity Project (Jason and Crystalina Evert) - <https://chastityproject.com/>

Arleen Spenceley - <http://arleenspenceley.com/>

Mark Regenerus - <https://www.markregnerus.com/>

Woman Made New (Crystalina Evert) - <http://www.womenmadenew.com/>

Benjamin Wiker - <http://www.benjaminwiker.com/>

Leila Miller - <https://www.leilamiller.net>

Patrick Coffin - <http://www.patrickcoffin.net/>

Jennifer Fulwiler - <http://jenniferfulwiler.com/>

Natural Womanhood - <https://naturalwomanhood.org>

## ARTICLES

*What the Hook Up Culture has Done to Women* - <https://www.crisismagazine.com/2016/hook-culture-done-women>

*After Experiencing the Hook Up Culture, I can Believe the Stat that 1 in 5 Women are Raped* - <https://verilymag.com/2017/05/sexual-assault-statistics-are-real>

*The Feminist Script Has Made Many Women Miserable. Don't Let it Sucker You* - <https://thefederalist.com/2018/12/11/the-feminist-life-script-has-made-many-women-miserable-dont-let-it-sucker-you/>

*Time to Admit It: The Church Has Always Been Right On Birth Control* - <https://www.businessinsider.com/time-to-admit-it-the-church-has-always-been-right-on-birth-control-2012-2>

*Father, We're Ready for that Homily on Contraception Now* - <http://www.ncregister.com/blog/jennifer-fulwiler/father-were-ready-for-that-homily-on-contraception-now>

*The Vindication of Humanae Vitae* - <https://www.firstthings.com/article/2008/08/002-the-vindication-of-ihumanae-vitae>

## VIDEOS

*Humanae Vitae 50th Anniversary Conference* featuring an amazing lineup of speakers, including Janet Smith, Christopher West, George Weigel, and many more - <https://celebratehv50.com/hv50-conference/conference-recordings/>



# LEADER GUIDE / ANSWER KEY

## INTRODUCTION

### A FATHER LOOKS FOR ANSWERS

**What evidence does the film director present to establish his claim that the culture is quite toxic for women?**

Don is especially concerned about the sexual objectification of women in the culture. After Alice tells about being date raped, we see a montage of images that is intended to convey the fact that, even in ordinary, everyday life, we are bombarded with the message that young women exist as sex objects for men, and there is no escape from it, no matter how protective parents might try to be. None of the blurred out images of women in that section are from explicitly “pornographic” sources - they are from mainstream magazines, top 40 song videos, Instagram feeds, and even hamburger commercials.

Then we get news stories about scientific studies into sexting and other forms of sexual harassment that show that women are targeted throughout their lives, starting in elementary school.

## CHAPTER ONE

### WOMEN, SEX, AND THE SEARCH FOR SOMETHING MORE

**What image of women was Betty Friedan reacting against in *The Feminine Mystique*?**

The image Betty was reacting against was one of a supposedly blissful domestic suburban housewife. As technology advanced and the economy boomed in the 1940s and 50s, women were told that they could find meaning and joy and happiness in all the modern conveniences of life and that they could be perfectly content baking cookies and shuttling their kids to school. According to the magazines and television commercials, this was the American Dream.

**What was “The Problem that Has No Name” and what solution did Friedan offer to fix it?**

For Betty Friedan the problem that had no name was the disillusionment she felt with the domestic life. The America Dream didn't cut it for her, and after conducting a survey of some of her Smith College classmates, she was convinced that millions of other women were asking the same question she was—“Is this all?”

She believed the solution was to be found in professional career work. She was convinced that women could be fulfilled and content and happy if they could just get out of their hum-drum homes and away from menial tasks such as laundry and changing diapers into the supposedly exciting jobs that men were doing.

Friedan had grown up in an unhappy family in which her father had forced her mother to leave her career and stay at home. Although she was still working as a writer, Betty herself had given up becoming a psychologist for her husband. She was sure that if those career ambitions were unfettered by domestic duties and spousal expectations, the problem that had no name would be solved.

**According to Helen Gurley Brown, what was the key to women's happiness? What media did she use to push this message?**

Helen Gurley Brown taught single women many of the same lessons that Betty Friedan was teaching married women: domestic life was not all it's cracked up to be, and working hard on a career would lead to happiness. But Brown added one more element to the mix: unmarried, promiscuous sex. Her book, *Sex and the Single Girl*, sold two million copies in the first 3 weeks after its release and was quickly made into a movie starring Natalie Wood and Tony Curtis. Then when she became the editor at *Cosmopolitan*, that became the Bible of her crusade.

**What is “The Pregnancy Problem” as it relates to both Helen Gurley Brown and Betty Friedan? How did the pill bring them together to solve it?**

If you were going to preach that freedom and fulfillment could be found in money and careers and promiscuous sex, you had to overcome one major roadblock: children.

Regarding money and careers, corporate America didn't want to deal with employees who might have to leave work when they got pregnant or were always having to worry about what to do with their children, so it was much harder for women to climb that "success" ladder.

And one of the major deterrents to promiscuous sex has always been the fear of an unwanted pregnancy.

The pill enabled women to overcome all of these "hurdles" and allowed them to be treated just like one of the boys.

**In whose footsteps were Friedan and Brown following and how was she "a combination of both of them?"**

The founder of Planned Parenthood, Margaret Sanger. She had seen her mother die young after having eleven children and was convinced that contraception would set women free from the drudgery and pain of domestic life. But she was also a big believer in promiscuous sex. As Benjamin Wiker stated, "She cheated on her husband continually and didn't think anything of it. She had this wacko notion that, evolutionarily speaking, you had these sex juices in your body that if you released them all the time it somehow caused the genius to effuse from your pores and transform you. You read it now and think, Oh my gosh, crystals would be more scientific than this, or palm reading or anything, but she really believed it, and given how much time she spent bed hopping, she must have considered herself a genius of high regard."

**For how long has the Catholic Church been essentially the lone voice against contraception? Historically, who are some of the other people and institutions that have opposed it?**

Christopher West: "Up until the first half of the 20th century every Christian denomination across the board recognized the immorality of contraception. It wasn't until 1930 that the Anglican Church was the first to open the door to contraception, breaking an uninterrupted tradition for one thousand nine hundred and thirty years. All the reformers, from Luther to Calvin and beyond, recognized the serious immorality of rendering sexual intercourse sterile."

People such as Sigmund Freud, Theodore Roosevelt, Mahatma Ghandi, and T.S. Eliot were also vocal opponents of contraception.

### **Briefly summarize what did Pope Paul VI taught in *Humanae Vitae*?**

He reaffirmed the Church's teaching that sex and babies go together, and it is not OK to break that union.

He also predicted that if society accepted contraception, we should see a general lowering of morals, more adultery, and an increase in the objectification of women.

On prediction which the film didn't mention, but which has also come true, is the increase in government control over fertility. China's one child policy being one of the premiere examples.

### **What was the overall reaction to *Humanae Vitae*?**

It was scoffed at and rejected, not only by the secular culture but by those within the Church as well. There was a large amount of dissent among clergy, and often even those clergy and laypeople who didn't dissent took an approach of simply being quiet about it. They didn't teach it or defend it.

## **CHAPTER TWO CONSEQUENCES**

### **How did Cosmopolitan use propaganda to spread the Sexual Revolution?**

They invented stories to support their agenda, and blatantly lied about whether the sexual revolution was good for women. As former writer Sue Ellen Browder explains, Helen Gurley Brown had specific instructions about how to fabricate data and stories, including a guide about how to "make up an expert."

### **How did the sexual revolution lead to an increase in women's stress?**

The promise that you could have it all became the pressure to get it all. This includes education, job, and relationship stress that is so bad there are competing surveys about who is the most stressed - millennial women or middle aged women. Also of note, although it didn't make it into the final cut of the film because of rights issue, the early version of the film had a section on stress among teenage women as well. Stress is



through the roof among this age group, largely due to the pressure of trying to achieve everything they are told they have to achieve.

### **How is contraception related to adultery?**

From Christopher West: “Human beings are often tempted to do things we shouldn’t do. This is part of our fallen nature. We need deterrents. For example, what would happen to crime rates in your community if there was no such thing as jail terms? They would go up. Apply that same logic to our sexual behavior. The temptation to commit adultery has always been there; adultery is nothing new. But take away the main deterrent from committing adultery which is the fear of an unwanted pregnancy, and what is going to happen to the rates of adultery in a given society? They are going to go up.”

### **What are some of the effects of divorce on children?**

Leila Miller and Dr. Jennifer Roback Morse discuss several in the film, including developmental problems, problems related to a lack of solid identity (“two half-homes are not the same as one home” as Dr. Morse pointed out), and feelings of isolation and abandonment. As Miller said, “a lot of these people enter marriages in sheer terror of being abandoned or abandoning and leaving their own marriage because they never had a model of how to stay.” These problems never really end, and the idea that kids are resilient and get over it is just not true. One theme that Don found especially strong in these interviews is the fact that children are never listened to in these situations. Indeed, they are never even asked to provide their perspective. Children of divorce can go their whole lives without anyone ever asking them how the divorce affected them.

### **How is divorce bad for women?**

Studies shows that women who have been divorced have much higher financial, emotional and psychological stress than their married counterparts. Part of this is the extra workload, as women are now the primary breadwinner in 40% of families, nearly 4 times the number in 1960. And of those women, 63% are single mothers, with a median income of only \$23,000. There are 10 million single mother led families in the US, which is triple the number in 1960.

## **What is the connection between contraception and abortion?**

From Christopher West: “What happens in a given culture where there are huge increases in adultery, huge increases in premarital sex, and these men and women have already determined in the choice of using contraception that they don’t want this act to result in a child. But then the contraception fails. We know there is no 100% effective method of contraception. So we are going to have huge increases in so called unwanted pregnancies. What’s the next demand? What happens next? There’s a demand for abortion as a way to back up failed contraception.”

That is why Betty Friedan founded the National Association for the Repeal of Abortion Laws (NARAL) in 1969 and Margaret Sanger’s Planned Parenthood became the country’s leading advocate and provider of the procedure.

## **What does it mean to be a “Heartbroken Career Women” and how did the sexual revolution lead to so many women fitting into this category?**

As Don explains in the film, “What’s sorta crazy about this is that while the push to get a career and have sex without babies causes women to struggle mightily to keep their fertility in check while they advance in their professional lives, the exact inverse problem arises after they have reached a certain age and decide that now is the time to have children. Dr. Morse categorizes this group of people as “Heartbroken Career Women”

Dr. Jennifer Roback Morse: ”I came up with the terminology. It is based on my story. The reason we were in a fertility crisis was because we waited until I was 35 to even think about having children. And why did we do that? We did that because my career came first and my education and so on and so forth. So I’m very sensitive about this. We don’t know the exact numbers because nobody asks the right questions but I estimate there are 500,000 women in the US with advanced degrees who have some kind of impaired fertility. And that doesn’t count people without advanced degrees and is probably an underestimate.”

As such, 40% of women nearing the end of their childbearing years have less children than they would have liked.

### **What are some characteristics of the campus hook-up culture?**

This culture is characterized by what Dr. Mark Regnerus calls “cheap sex.” Casual sexual encounters have become the primary currency of social interaction on campus. According to the film, these “relationships” become sexual very quickly, often before the partners even know each other at all, and don’t require commitment or develop into anything deep and long lasting.

The primary goal of these hook ups is male sexual pleasure, and women don’t actually enjoy them. They just go along with it to be polite and to fit in.

### **What lies do programs like Sex and the City tell to their audience?**

They tell the audience that women can be in control and objectify men the same way that men control and objectify women, and that women can be happy doing this. None of that is true.

### **How are today’s fashions actually anti-woman?**

Today’s fashion present women as an object for male pleasure. Rather than dignify a women and present them as people worthy of respect and honor, they degrade women by presenting them as objects for male pleasure. They also harm women by pressuring them to try to achieve a flawless body and then put it on display to the world.

### **What does Dr. Wiker mean when he says that today’s men are like zombies?**

Pornography has made them completely enslaved to their passions. They are no longer fully human the sense they are unable to exercise their capacities as people people made in the image of God, able to love and work, etc.

### **How has the pill made women obsolete?**

As Christopher West explains, “when you sever orgasm from procreation, any orifice will do. In other words, any means to the sexual pleasure will do.” So men no longer need actual women, and they stick with pornography or even the ultimate objectification of women, the sex-bot.

## **CHAPTER THREE**

### **A REVOLUTION OF LOVE**

**Why was Pope John Paul II's background? What book did he write early in his ministry and when was it published?**

As a priest in Poland, JP II worked with college students and young married couples, taking them on retreats and spending a lot of time listening to their concerns. His book *Love and Responsibility* was published in 1960, the same year the birth control pill was approved for market by the FDA.

**What is Pope John Paul II's definition of love, and how does that differ from the culture's definition? And what is the opposite of love?**

The culture defines love as a favorable emotion, a certain feeling towards another person. JP II defined love as self-gift. Love is about willing the good of another person, choosing to sacrifice your own good for them, and entrusting yourself to them.

The opposite, then, is not hate or any other emotion, but rather to use another person. Rather than give of yourself for another's good and entrust your self to them, you appropriate from them for your pleasure, you use them as an object. And rather than entrust yourself, you protect yourself from them, assuming they will try to use you in the same way you use them.

**How is it unloving and degrading to a woman to ask her to contracept?**

It is asking her to change her body in order to use her to gain sexual pleasure. This is degrading in the sense that she is being used as an object of pleasure as well as being told that she isn't good enough the way she is.

**How has the contraceptive mentality made children the enemy?**

Children are seen as the roadblock to sex, money, careers, power, and anything else that women are told will make them happy. The term "protection" implies as much, in that we use protective equipment from things that are going to harm us, such as cold weather or attackers with weapons.

## **What is The Feminine Genius?**

According to Pope John Paul II, women have a unique capacity for life nurturing love. By their nature, women have a special gift for giving of themselves to others in a way that creates and strengthens. This shows itself through biological motherhood, of course, but also in “spiritual motherhood”, where women love others in this nourishing way. This nurturing enables the recipient to be themselves more fully.

## **What does parenthood do for people?**

Parenthood is the primary way in which people learn to love. By its nature, parenthood puts us in a situation where we need to give of ourselves for others at the deepest level.

## **What is the difference between Natural Family Planning and contraception?**

The main difference is often seen as being artificial versus natural way to avoid having children, but that is not really the best way to phrase it, because it sounds as if NFP is just natural contraception. It isn't. Rather, it is a different approach to marital relationships altogether. Although NFP is certainly in line with nature in a way that contraception absolutely is not, that is not the primary distinction.

NFP is a lifestyle characterized by sacrificial giving for another and entrusting oneself to each other and to God. Contraception is characterized by pleasure seeking at the expense of love.. That is the main difference.



Runaway Planet Pictures and DJEM Media present

# UNPROTECTED

Produced, Directed, and Written by Donald J. Johnson

Executive Producers: Ignatius Press

Music by Jacob Boyd

Director of Photography: Alden Olmsted

Graphic Effects by Grooters Productions

Graphic Effect Artist: Taylor Wodoman

[UNPROTECTEDMOVIE.COM](http://UNPROTECTEDMOVIE.COM)

[DONJOHNSONMINISTRIES.ORG](http://DONJOHNSONMINISTRIES.ORG)